



# EDUCARE

## OPEN Initiative: Using the Missouri Professional Development System



We are pleased to announce that there is a comprehensive **online-on-demand** training that explains the MOPD ID, the Toolbox, the MOPD Registry and the greater MOPD System. It is now available to all child

care providers, program directors, system administrators, coaches, training providers, and monitors. We encourage any individual who interacts with the MOPD system in any way to complete the training.

Go to [www.moworkshopcalendar.org](http://www.moworkshopcalendar.org) to take this **online-on-demand** course. You are required to create an account to access this course.

## The Name Game

Remember the name game? You know, "Lizzy, Lizzy-bo-bizzy, banana-fanna-fo-fizzy, me-my-mo, Mizzy, Lizzy." Well, did you know the game helps children become aware of the sounds of speech and is a building block for emerging reading? No, I am not advocating for pushing reading at preschoolers and toddlers. But, as child care providers we need to be aware that all the books we read, all the stories times, all the silly songs, all the clapping games are important pre-reading activities. Rhyming words and rhythm make children aware of the sounds in words; later when it is time to learn to read, they will recognize that sounds make letters and letters make words and words make stories. Who knew pat-a-cake was so important?

"Willaby, Wallaby" is good for beginners because the children only have to complete the rhyme. You can use an elephant stuffed animal, puppet, or your hand to touch each child as you sing:



Kathy's Kids Day Care enjoying reading time.

"Willaby, wallaby, we  
An elephant sat on me.  
Willaby, wallaby, woo  
An elephant sat on you.  
Willaby, wallaby, Wiz (use any name)  
An elephant sat on Liz.  
Willaby, wallaby, Warl (use any name)  
An elephant sat on Carl!"

Next, explore the rhythm of each child's name by clapping it out. For example, Mary would be clap, clap.

The learning opportunities are endless! Have fun and be silly. Educare has lots of fun rhyming books available for you to borrow at any time! Come see us.

## January February 2019

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## EDUCARE

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**Office Hours:**  
8:00 A.M. to 12:00 P.M.  
1:00 P.M. to 5:00 P.M.  
Monday - Friday

*Partially Funded by the Missouri Department of Social Services, Children's Division,  
Early Childhood and Prevention Services Section.*

# Educare of St. Francois County Monthly Training Opportunities

## CCDF Health and Safety Training (3 clock hours)

- Saturday, January 12, Educare Office, 9 a.m. - Noon
- Tuesday, February 19, Educare Office, 6-9 p.m.

ONLINE REGISTRATION REQUIRED. [www.moworkshopcalendar.org](http://www.moworkshopcalendar.org)

## Early Childhood Social/Emotional Health (2 clock hours)

- Tuesday, Jan 8, Educare Office, 6-8 p.m.
- Tuesday, February 12, Educare Office, 6-8 p.m.

ONLINE REGISTRATION REQUIRED. [www.moworkshopcalendar.org](http://www.moworkshopcalendar.org)

*The following trainings are available upon referral or request:*

- ♦ **CHILD CARE SUBSIDY ORIENTATION**
- ♦ **ATTENDANCE & PAYMENT ACCURACY TRAINING**
- ♦ **CHILD CARE ONLINE INVOICE SYSTEM TRAINING**
- ♦ **PRE-REGISTRATION ORIENTATION**

## Child Care Support Groups: (No Clock Hours)

- Tuesday, January 15, Educare Office, 6-7 p.m. (WINTER ACTIVITIES)

Call Educare to register at 573-760-0212

## **Caring For Our Children, 3rd edition - Standard Updates to Database**

The National Resource Center announced the following standards have been recently updated to the Caring For Our Children, 3rd edition (CFOC) Online Database as of 10/16/18. Below you will find a brief description of revision changes to each of the standards. You may access them at [www.nrckids.org](http://www.nrckids.org).

- **Standard 3.2.1.4 – Diaper Changing Procedure**  
*-Standard language updates*
- **Standard 3.2.1.5 - Procedure for Changing Children’s Soiled Underwear, Disposable Training Pants and Clothing**  
*-Standard language updates*  
*-Pull ups removed from standard and replaced with “disposable training pants”.*
- **Standard 9.4.1.11 - Review and Accessibility of Injury and Illness Reports**  
*-Standard language updates*
- **Standard 10.3.3.3 - Licensing Agency Role in Communicating the Importance of Reporting Suspected Child Abuse**  
*-Standard language updates and references added/updated*
- **Standard 10.3.3.4 - Licensing Agency Provision of Child Abuse Prevention Materials**  
*-Standard language updates and references added/updated*
- **Standard 10.3.5.3 - Training of Licensing Agency Personnel about Child Abuse**  
*-Significant standard language updates and references added/updated*
- **Standard 10.4.3.3 - Collection of Data on Illness or Harm to Children in Facilities**  
*-Standard language updates and references added/updated*

## Keep Them Moving in Winter

I hope everyone took advantage of the lovely mild weather we had in December by playing outside. Now winter is really upon us and it can be hard to make sure that the children in our care get enough exercise. Being stuck inside day after day, week after week is hard on everyone.

How do you ensure that everyone gets plenty of exercise?

- If your facility has enough room you can bring the tricycles indoors.
- Make a walking/crawling course where the children have to go over, under, around and through obstacles.
- Big blocks and boxes encourage large muscle movement and creativity.
- Dance, dance, dance!
- Get a kid-sized basketball hoop with foam balls.
- Play bounce-catch.
- Throw bean bags or rolled up socks into a laundry basket.
- Play “move like animals”.
- Set up very low balance beams of different widths.
- Buy or make a bowling set.
- Teach the kids hop scotch.
- Get out your parachute (I know you have one).

- If you don't want to pay \$78 for step-a-logs, Educare has a set you can borrow (see below).
- Educare also has a Bilibo, that goofy looking plastic chair that the kids spin in.
- Don't forget all those silly songs we sang as kids like Father Abraham and Hokey Pokey.

Of course, all this depends on your facility, your staff, how much room you have and the temperament of the children.



I just told Tiffany that a light bulb came on over my head. We are going to have our support group in January to focus on what you can do in the winter to keep the kids engaged and moving around. Join us at the Educare office on **Tuesday, January 15 from 6:00–7:00 p.m.** Refreshments will be provided. We will discuss things such as: ‘How cold does it have to get before you don't take the kids outside?’ and ‘What activities do the children enjoy in the winter time?’ Join us and share what works at your place.

-Liz Bennett  
Educare Director

## New Christmas Books at Educare

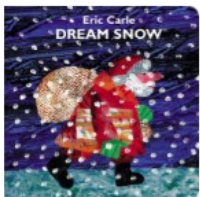
I know it's January, but I bought a few really cool Christmas books for Educare. And of course, you can borrow them!



“Don't Push the Button, a Christmas Adventure” by Bill Cotter  
There is a hilarious book by Bill Cotter called “Don't Push the Button” that the kids love. This is a Christmas version and the kids love it too.



“The Very Hungry Caterpillar's Christmas 123” by Eric Carle  
This is a very simple counting book for young children.



“Dream Snow” also by Eric Carle  
The first thing is to ask the children who is on the cover. The story includes animals in a barn, but you can't see them clearly at first. Have

the kids guess what animals they think are in the barn. The story is simple and heartwarming. The only format I could get at the time was a small board book, though it does come in a larger format.



“It's Time for Christmas” by Tad Hills  
This is a Duck and Goose story. I love Duck and Goose. They do all the things kids do in the snow, catch snowflakes on their tongues, make snow angels, sled and throw snowballs until finally it is time for Christmas.

These and many other materials are available for checkout at Educare.

-Liz Bennett  
Educare Director



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[www.sfccp.com/educare](http://www.sfccp.com/educare)

**January/  
February  
2019**

Promoting Quality Care  
& Education of  
Young Children

*If you no longer wish to receive this newsletter, please call our office at 573-760-0212 or email [tiffany@sfccp.org](mailto:tiffany@sfccp.org).*

# Training Opportunities

FOR STATEWIDE TRAINING OPPORTUNITIES, VISIT: [www.moworkshopcalendar.org](http://www.moworkshopcalendar.org)

## Stewards of Children: Adults Resolving Child Sexual Abuse in Communities

*Thurs., January 17, 6:30-8:30 p.m.*

Educare 1101 Weber Rd., Farmington

This workshop teaches adults how to prevent, recognize and react responsibly to child sexual abuse. The program is designed for individuals concerned about the safety of children as well as organizations and schools that serve youth. Stewards of Children is the only national evidence-based program proven to increase knowledge, improve attitudes, and change child protective behaviors. Stewards of Children is for any responsible adult who cares about the protection of children. Topics covered include facts about the problem of child sexual abuse, the types of situations in which child sexual abuse might occur, simple, effective strategies for protecting children from sexual abuse, the importance of talking about the prevention of sexual abuse with children and other adults and the signs of sexual abuse so that you might intervene and be able to react responsibly.

For registration information, visit:  
[www.moworkshopcalendar.org](http://www.moworkshopcalendar.org)

## Emergency Response Planning for Child Care Providers

*Thurs., February 21, 6:30-8:30 p.m.*

Educare 1101 Weber Rd., Farmington

This training provides child care providers with the knowledge and tools to establish an "all hazard" emergency response plan for their individual child care program. The program assists providers in developing plans to be prepared for natural, unintentional and intentional disasters. Participants will learn to evaluate their specific risks and develop written policies and procedures for staff and parents. Identifying and assigning specific roles and practicing specific responsibilities decreases confusion and panic during an emergency, thereby reducing the risk of error. The training includes developing disaster supply kits and helping children cope with traumatic and stressful events and situations.

For registration information, visit:  
[www.moworkshopcalendar.org](http://www.moworkshopcalendar.org)