



EDUCARE

Child Care Market Rate Survey



The Missouri Department of Social Services (DSS), Children's Division, Early Childhood Section would like to announce the launch of the 2018 Child Care Market Rate Survey! This survey is for **all child care providers**, and gathers the prices families pay, or market rates, for early childhood care and education services by type of care, ages and populations served, and location. Your participation is very important! **The information you provide will help set child care subsidy rates.**

This year, DSS is contracted with Public Consulting Group, Inc. (PCG) to administer the survey; PCG will contact providers by email with survey information and additional updates. You may also receive a phone call from PCG offering to help you take the survey. If you have any questions, please call PCG at **1-844-735-7373** or email at MOMRS2018@pcgus.com.

You can complete the survey online or by telephone. To make the survey easier, we recommend you have your bookkeeping and payroll information at the ready.

Both licensed AND registered child care providers throughout the state are invited to take the survey. You can take the survey at the following links:

- Licensed Center-Based, Family Home, and Group Home child care providers can access the survey here: <http://surveys.pcgus.com/s3/MOMRS>
- Registered License-Exempt and Four or Less Home providers can take the survey at: <http://surveys.pcgus.com/s3/MRSRegistered>

The information you provide is confidential and your participation is voluntary. Your choice to take part will not affect your ability to provide subsidized child care. Your name will not be associated with your answers. Any reports resulting from the survey will not include your name or the name of your business. If you have any questions, please call PCG at **1-844-735-7373** or via email at MOMRS2018@pcgus.com.

If you complete the survey entirely, you will be entered to win 1 of 2 \$100 Visa gift cards!

Thank you so much for your time and for the care you provide every day!

September October 2018

In This Issue:

- 1 — Child Care Market Rate Survey
- 2 — Educare In-House Monthly Trainings
New Educare Video on Facebook
- 3 — Fire Prevention Marble Painting
- 4 — Support Groups



EDUCARE

1101 Weber Road
Suite 202
Farmington, MO 63640

Phone:
(573)760-0212
or
(573)431-3173

Fax:
(573)760-0451

Office Hours:
8:00 A.M. to 12:00 P.M.
1:00 P.M. to 5:00 P.M.
Monday - Friday

*Partially Funded by the Missouri Department of Social Services, Children's Division,
Early Childhood and Prevention Services Section.*

www.sfccp.com/educare

Educare of St. Francois County Monthly Training Opportunities

CCDF Health and Safety Training (3 clock hours)

- Wednesday, September 12, Educare Office, 6-9 p.m.
- Saturday, October 13, Educare Office, 9 a.m. - 12 p.m.

ONLINE REGISTRATION REQUIRED. www.moworkshopcalendar.org

Early Childhood Social/Emotional Health (2 clock hours)

- Wednesday, September 26, Educare Office, 6-8 p.m.
- Wednesday, October 24, Educare Office, 6-8 p.m.

ONLINE REGISTRATION REQUIRED. www.moworkshopcalendar.org

Child Care Subsidy Orientation (1 clock hour)

- Wednesday, September 19, Educare Office, 5-6 p.m.
- Thursday, October 25, Educare Office, 5-6 p.m.

ONLINE REGISTRATION REQUIRED. www.moworkshopcalendar.org

The following trainings are available upon referral or request:

- ♦ **ATTENDANCE & PAYMENT ACCURACY TRAINING**
- ♦ **CHILD CARE ONLINE INVOICE SYSTEM TRAINING**
- ♦ **PRE-REGISTRATION ORIENTATION**

Child Care Support Groups: (No Clock Hours)

- Wednesday, September 19, Educare Office, 6-7 p.m. (EMERGENCY PREPAREDNESS)
- Thursday, October 25, Educare Office, 6-7 p.m. (FIRE SAFETY)

Call Educare to register at 573-760-0212

Like Us On Facebook and See Our New Video!



Cadette Girl Scout Troop 1181 made a great, informational video that demonstrates several types of equipment available for your use at Educare of St. Francois County as their Silver Award project. By posting the video on Facebook, their demonstrations are available for anyone to view until the end of time or the end of Facebook whichever comes first. The videos include how to use the die cut machine, how to use the laminator, how to use the art-waxer and a tour of our resource library.

The Silver Award is the highest award for Cadette Girl Scouts (grades 6, 7 and 8.) The Silver Award requires 50 service hours minimum and is sustainable, that is it lives on in the community after the girl's involvement ends. A GREAT BIG **THANK YOU** to the Cadettes in Troop #1181! You can view this video (and share with your friends) at facebook.com/EducareSFC.

September is Emergency Preparedness Month



The news is going on and on about a hurricane in Hawaii. You may be thinking, “So what, we don’t get hurricanes.” The wild fires in the western states are so bad the smoke is affecting the air quality. “Ehh, that happens every year.” For the last few winters, the east coast has been hammered by snow storms. “That’s got nothing to do with us.” Well, as recent events have shown, our Missouri weather is indeed crazy and unpredictable.

Not so long ago Park Hills experienced flooding in the streets. We do have brush fires that can easily get out-of-control. Where were you during that ice storm the year before last? Occasionally a tornado blows through the Parkland, and don’t forget we live on a fault line. How prepared are you at home, in your car or at work for a major emergency? As child care providers, we are required to have an emergency plan in place and to practice safety procedures with the children in our care, but what about at home and in the car?

The Missouri Department of Health and Senior Services has developed a program called **Ready in 3**. Ready in 3 is an easy way to learn how to prepare for an emergency.

Ready in 3 includes these three steps:

- Create a plan for you, your family and your

business

- Prepare a kit for home, car, and work
- Listen for information about what to do and where to go during an actual emergency

CREATE A PLAN

Develop an emergency plan for you, your family, and your workplace for different types of emergencies. Make plans for two situations: staying put or evacuating.

CREATE AN EMERGENCY KIT

Have three days’ worth of non-perishable food and water for each person. That is one gallon of water for each person per day for three days. Your kit should also include a battery-powered radio and weather radio with extra batteries, a flashlight with extra batteries, prescription medicines, a first-aid kit, and contact information.

LISTEN FOR INFORMATION

City, county, and state officials have developed emergency plans. During an emergency, it is important to follow their instructions and advice. They will provide you with the latest information.

For more information or a more detailed emergency checklist, contact your local health department or the Missouri Department of Health and Senior Services at 573-526-4768 or health.mo.gov.

Fire Prevention Month



October is national fire prevention month. Our office staff received training on how to properly use a fire extinguisher in July. Adrian Denbow from JEFFCO Fire Extinguisher Service trained our staff. You can reach Adrian at 636-475-3369 for your fire extinguisher needs and training.

Hopefully you’ll never be in a situation that requires the use of a fire extinguisher, but if so, it’s always best to be prepared.

A great tip to use when dealing with a fire is to remember the acronym **PASS**. The P-A-S-S technique for fire extinguisher use is explained here:

- **P** - Pull the pin. It is there to prevent accidental discharge.
- **A** - Aim low at the base of the fire. This is the where the fuel source is. Point away from your face.
- **S** - Squeeze the lever above the handle. Release to stop the flow. (Some extinguishers have a

button instead of a lever)

- **S** - Sweep from side to side. Move toward the fire, aiming low at its base. Sweep until all flames are extinguished. Watch for re-igniting. Repeat as necessary. Have site inspected by fire department.

From Caring for Our Children: National Health and Safety Standards 3.4.3.2 in Comments, “*Staff should be trained that the first priority is to remove the children from the facility safely and quickly. Putting out the fire is secondary to the safe exit of the children and staff. However, depending on the situation at hand and the number of available staff, the facility’s plan could identify which caregivers/teachers evacuate the children, where they will all meet outside, who should call emergency personnel, and who should locate/use the fire extinguishers. These efforts can take place simultaneously.*”

Be sure to practice Stop-Drop-and-Roll with your children. Also, be sure to practice exiting a smoke filled room by crawling on hands and knees.

—Liz Bennett, Educare Director

earth! SMARTS! ♻️

Did you know that a wildfire is any fire that starts outside in grass, brush, shrubs or forests? By checking off everything on this list, you will be helping to protect animals, trees, plants and your home!



yes no I rake dead leaves, sticks and pine needles off my lawn.

yes no I make mulch piles to protect our garden, and keep weeds away. (Make sure to keep mulch away from your house. This will help to prevent fire from spreading to the home.)

yes no My garden has Firewise flowers and plants in it. (These are plants and flowers that help keep fire away from homes because they hold more water and grow lower to the ground so flames don't touch them.)

yes no I remove leaves and twigs from under the deck.

yes no I sweep the deck or porch to get rid of pine needles and leaves.

yes no I make sure to give plants and shrubs plenty of water.

yes no I carry all the leaves, sticks, pine needles and everything else I collected, to the curb for trash pick up. (Have a grown-up help you with this, it can be heavy.)

If you answered, "yes" to all these questions, good for you. Keep up the good work!
If you answered "no" to any of them, try to start doing them today.

The planet will thank you for it.



SPARKY.ORG

Sparky® is a trademark of the NFPA.





1101 Weber Rd.
Suite 202
Farmington, MO 63640

www.sfccp.com/educare

**September/
October
2018**

Promoting Quality Care
& Education of
Young Children

If you no longer wish to receive this newsletter, please call our office at 573-760-0212 or email tiffany@sfccp.org.

Training Opportunities

FOR STATEWIDE TRAINING OPPORTUNITIES, VISIT: www.moworkshopcalendar.org

BKC-EC Module 7: Planning Experiences for Children

Thurs., September 20, 6:30-9:30 p.m.

Educare 1101 Weber Rd., Farmington

Ever wonder, "What am I supposed to do all day with the children?" This session will answer that question by teaching you many approaches to planning & teaching. Imagine the advantages of a classroom where all the children are involved and families are supportive!

This workshop will define developmentally appropriate practice & describe how development is fostered by play. You will learn that playing is learning and learning is playing. Discover the difference between child- and teacher-directed activities. We will describe intentional teaching and help you learn how to communicate the benefits of play to families.

For registration information, visit:
www.moworkshopcalendar.org

Stewards of Children: Adults Resolving Child Sexual Abuse in Communities

Thurs., October 18, 6:30-8:30 p.m.

Educare 1101 Weber Rd., Farmington

This workshop teaches adults how to prevent, recognize and react responsibly to child sexual abuse. The program is designed for individuals concerned about the safety of children as well as organizations and schools that serve youth. Stewards of Children is the only national evidence-based program proven to increase knowledge, improve attitudes, and change child protective behaviors. Stewards of Children is for any responsible adult who cares about the protection of children. Topics covered include facts about the problem of child sexual abuse, the types of situations in which child sexual abuse might occur, simple, effective strategies for protecting children from sexual abuse, the importance of talking about the prevention of sexual abuse with children and other adults and the signs of sexual abuse so that you might intervene and be able to react responsibly.

For registration information, visit:
www.moworkshopcalendar.org