Dear Friend:

WE’RE BACK!!! FINALLY!! You are invited to participate in the 23rd Annual Family Health Expo to be held on Saturday, April 23, 2022, on the campus of Mineral Area College in the Field House. The event will begin at 8:00 a.m. and will close at noon. Set–up is on Friday, April 22, from 2:00 p.m. to 6:00 p.m. or Saturday at 7:00 a.m. The theme for this year’s event is “Taking Back Your Health”. After two years of staying home & having to be apart from each other, we can all agree that we need to get back on track. LET’S DO THIS!

This year’s theme reaches far and wide, yet is so very personal for everyone, since the pandemic has impacted all of us. We are ready to take back our lives and that starts with our health; not just physically but mentally as well. I encourage you to be creative as you consider being part of our event. Our community needs what you have to offer!

As always, our expo will provide families with an opportunity to connect with valuable health screenings, information and valuable community resources. We recognize that we must market the event as something that no child or family will want to miss! We encourage people to come out and take advantage of all the services you have to offer them! With this in mind, we are planning our marketing strategy, which will include health and wellness-related activities and door prizes to encourage families to get outside and move! With health and safety in mind more than ever, we’re depending on YOU to help us make this a great, family event. You can count on having access to an abundance of hand sanitizer and we will make the event as safe as possible. Masks will not be required (unless mandated) but are welcome if you so choose.

One change we are making for safety is in our food offerings. We will be providing only pre-packaged food, in place of the usual hot dogs. We will still have bottled water and a variety of snack bars (granola, cereal, etc.) available.

There are several ways in which you can participate in this year’s health expo:

♦ Provide a health screening/service (BP check, glucose check, vision screening, vaccination, etc.)
♦ Provide an educational exhibit focusing on one aspect of healthy living and safety
♦ Provide an informational exhibit about services available to children/families in our communities
♦ Provide a child/family-friendly play or learning activity
♦ Donate a door prize, healthy snack, or provide financial support for the expo
♦ Again this year, we are offering an opportunity for Expo Sponsorship. If your organization donates $300.00 or more to the event, your name and logo will appear as a sponsor on printed materials as well as a full-color banner during the event. This, of course, waives the registration fee for those vendors.

On the following page is a listing of activities, screenings, supplies, and educational/informational exhibits we hope to provide to our community members. We are counting on the local investment of many of our professional community members, businesses, organizations, and agencies.

Enclosed you will find a form to register as an exhibitor and/or to inform us about a service or health screening you will provide and a list of ideas you may want to consider in your participation.

The most important outcome of the Expo is when potentially serious health conditions are identified by the various screenings provided at the event. Please keep a tally so you may report to the Partnership the number of screenings/services your organization provides and most importantly, the number of referrals/recommendations for follow-up that you gave. We plan to have a dedicated volunteer to come around to each vendor to collect this vital information for us.

I look forward to hearing from you. Please don’t hesitate to call if I can provide further information or be of assistance in any way.

Sincerely,

Bill Bunch
Executive Director
Here is a listing of health screenings, activities, and information we hope to provide at this year’s Health Expo. Please consider your agency/organization and its services and if you are able to provide any of the services listed below...or come up with a great idea of your own!

### Ideas for Health Screenings & Wellness

- Blood pressure readings
- Hearing screening
- Eye exam
- Anemia screening
- Body fat analysis
- Cholesterol check
- Diabetes/Juvenile Diabetes Education
- Dental Screening
- Tetanus booster
- Body in Balance *(screening of functional body position/posture, flexibility, strength and balance)*
- Body Mass Index
- Bone Density Screening
- Finger Stick Glucose
- Foot Screening
- Lung Function Screening
- Men’s health issues
- Women’s health issues
- Nutrition
- Oral Screening
- Pharmacy Screenings
- Pulse Screening
- Skin Screening
- Stress/Life Balance Screening
- Massage
- Aromatherapy
- Parenting resources & Information on Learning disabilities
- Information on arthritis, heart/cardiovascular disease, elder care, acupuncture, homeopathy
- Occupational services
- Mental health—stress, relationships, depression, compulsive eating disorders
- Information on AARP and senior services, home healthcare, residential care and/or hospice care
- Information on allergies, allergens and asthma
- Information on insect bites and snake bites
- Heat/Sun stroke education
- Skin care

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### Ideas for Screenings & Activities

**FUN ACTIVITIES**
- Art/Playdough activities
- Balloons
- Face painting
- Carnival-type games
- Story time
- Puppets
- Music/movement

**SAFETY**
- Fingerprinting
- Bike Safety & Helmet fittings
- Sun & Heat—staying hydrated, skin care
- Stranger danger

**SUMMER FUN**
- Summer School
- College for Kids
- Community sports programs
- Community Pools
- Dance
- Martial Arts
- Scouting
- 4-H & Youth Circles
- Camping
- Skate boarding
- VBS Promo

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**FAMILY FUN!**

Can you provide information on healthy family fun?

- Camping—where to go, equipment needed
- Summer food safety—picnics, grilling
- Grilling & BBQ tips and recipes
- Hiking
- State/City Parks
- RV’s
- 4-wheeling
- Motor biking
- Family memberships at community centers and city pools

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*Just to name a few ideas....what's YOUR idea??*
2022 Health Expo Exhibitor Registration Form

“Taking Back Your Health”
Saturday, April 23, 2022, 8:00 a.m. - Noon
Mineral Area College Field House

Contact Agency: St. Francois County Community Partnership
1101 Weber Rd., Suite 202, Farmington, MO 63640
(573)760-0212 | 431-3173
Contact: Tiffany Creamer | e-mail: tiffany@sfccp.org

Organization Name:_____________________________________________

Contact Person:___________________________     E-mail:______________________________

Address:_______________________________________________________________________________

Phone Number:________________________________

Please indicate your involvement and then complete the appropriate section of this registration form:

□ Exhibitor   □ Adult Health Screening/Service   □ Children’s Health Screening / Safety program

□ Children’s Fun Activity

EXHIBITOR REGISTRATION INFORMATION
(Each space includes 1 table & 2 chairs)

• $25 for the 1st space
• $10 each additional space
• $300 EVENT SPONSOR (Includes up to 5 tables.) (Must register by March 24.)

SPACE IS LIMITED AND REQUESTS FOR A SPECIFIC SPOT IS NOT GUARANTEED.

Registration Deadline: April 12

(You may be able to register after this date if space allows but your name WILL NOT be included in advertising.)

Amount Enclosed: _______________     # of Spaces Reserved: _______

Please choose the category that best describes the goal of the information to be provided in your booth and a short description of the services of your agency/organization:

□ Parents Working   □ Healthy Children & Families   □ Safe Homes & Communities
□ Children Prepared to Enter School   □ Children & Youth Succeeding in School
□ Youth Ready to Enter Adulthood

Description of Agency Services:____________________________________________________
________________________________________________________________________________
________________________________________________________________________________
**Please describe your exhibit.** Include information about tables / equipment you plan to use. (We kindly ask that each table be draped.)

- Table-top exhibit with informational handouts
- Free-standing exhibit with informational handouts
- Other/Activities/Equipment to be used

**Will you need an electrical outlet? _________**

*PLEASE NOTE:* Electricity accessible spots are **very limited** and are 1st come, 1st served. Register early to secure your access. **YOU MUST PROVIDE YOUR OWN EXTENSION CORDS.**

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**HEALTH SCREENING / SAFETY DEMONSTRATIONS / SERVICES**

If you plan to provide a health screening, demonstration or some other service please complete this section (NOTE: PRIVATE SPACES ARE NOT AVAILABLE FOR TESTING):

- What type of health screening/service will you provide?
- Does the screening/service target a particular age group? If yes, please specify:
- Does the screening require special prep (fasting, etc.)?

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☐ I plan to contribute the following door prize:

*Description:*

My Door Prize will be for:

- an adult  ☐ a child

**Information for our annual report of activities:**

*(Estimate of in-kind services and local investment)*

Please list the estimated cost to your organization for participating in the fair: $__________

(Your cost of travel, personnel, materials & supplies, etc.)

YOU WILL BE CONTACTED WITH DETAILED INFORMATION ON SET UP TIMES & PARKING.
FREE MAMMOGRAMS by Missouri Baptist Breast HealthCare Center for women ages 40-64 who are uninsured or under-insured! Walk-ins are welcome as the schedule allows. Call 314-956-9829 to schedule your appointment.

SATURDAY, APRIL 23, 2022
8 A.M. – 12 P.M.
MINERAL AREA COLLEGE FIELD HOUSE
5270 FLAT RIVER RD., PARK HILLS

All Activities Are Free!

- Health Screenings
- Games & Activities for Kids
- Snacks & Drinks
- LOTS of Prizes
- Demonstrations
- Emergency Vehicle Tours

For sponsorship opportunities, call 573-760-0212.

Proudly brought to you by:

St. Francois County Community Partnership
1101 Weber Road, Suite 202 Farmington, MO 63640
Phone: 573.431.3173 / Web Address: www.sfccp.org