



ST. FRANCOIS COUNTY COMMUNITY PARTNERSHIP'S

Partnership Report



August 2017

Adding Value, Bringing Hope

Our Mission

To build, nurture, and strengthen families, insuring that every person has the opportunity to become a healthy, productive, and contributing member of the community.

Our Goals:

- Parents Working
- Healthy Children & Families
- Children & Families Safe in Homes & Communities
- Children Prepared to Enter School
- Children & Youth Succeeding in School
- Youth Ready to Enter Adulthood

The Partnership Has a New Home

“Whew! “ This is the reaction that comes to mind of each of the staff members of our office when we think of the month of July and the exciting move that has taken place. What a journey this has been. It’s been a lot of work and we would be lying if we didn’t say we’re glad it’s over! Of course we are still settling in and tweaking this and that, but the move in is completed and we are very pleased with our new space.

Relocating an office that has been in one place for over 15 years is quite the experience. Our previous location at The Factory in downtown Farmington served us well for many years and we are appreciative for the hospitality shown to us during that time. Our new home is located at 1101 Weber Rd. and we occupy suite

#202 in the building recently acquired by St. Francois County from Parkland Hospital. We will continue to offer the Educare resource area with various equipment and supplies available for use at a nominal fee.

The conference area is not quite ready for use at the new building so we will be using an alternate site for the August and September SFCCP Board Meetings. The Farmington Presbyterian Church has been kind enough to offer their large meeting space to accommodate us.

We look forward to hosting an open house very soon and hope to see you there. We will send out an announcement once the date is established. Thank you for your patience and support as we have been in this transitional phase.

FY18 SFCCP Board of Directors

Approaching the start of August, we will be welcoming some new Board members for the Partnership. Donna Hickman comes to us as an at-large Board member. Currently Donna serves as Farmington District Office Director for Congressman Jason Smith. Donna has also worked as the Executive Director of the St. Francois County United Way and as reporter for the Daily Journal. Also filling a spot as an at-large Board member will be Al Sullivan who needs no introduction for most of our readers as he was most recently the Executive Director of the St. Francois County Community Partnership. He retired after serving in this capacity for 14 years. Mr. Sullivan was

employed as the State Budget Director and served as the Dean of the Vocational Department at Mineral Area College. He is Board President of the St. Francois County Industrial Development Authority and is an Advisor for the St. Francois County Ambulance District .

Both Ms. Hickman and Mr. Sullivan will be assets to the Partnership Board. With the coming of these new members we are saying goodbye to valued members Norman Kissinger who has moved from the Farmington area and Theresa Bauman whose business obligations prevented her

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SFCCP Board Meetings
 (Open To The Public)
Wednesday at Noon,
September 13, 2017
Presbyterian Church of Farmington
(meeting hall) 403 W. Columbia St., Farmington

Tune In To These Monthly Radio Programs on KREI with Mark Toti & Jason Loughary Community Partnership Radio Show
 3rd Thurs., 9:30 a.m. and
 on KFMO 4th Mon., 7:35 a.m.

Visions of Hope Celebrates First Year Anniversary



Visions of Hope vocational training program and Dress 2 Impress Resale Boutique in downtown Farmington will be CELEBRATING our 1 year ANNIVERSARY this August!

The community support has been phenomenal from our very beginning stages of developing this social enterprise and throughout our first year of service and business!



Thus far we have served 23 interns from surrounding communities through Visions of Hope. Our program is tailored for teens and adults living on the autism spectrum. Providing real world work experience, interview preparedness, social skills training and confidence building.

Several agencies in our area have utilized Dress 2 Impress for interview clothing and job attire for their clients in need. We have also provided clothing to 25 additional clients through our FREE interview attire voucher program.

The dress clothing donations from our community members has been PHENOMENAL!! New and gently loved dress clothing (men's and women's), shoes, jewelry, purses and accessories are welcomed for donation during business

hours of 10 a.m. - 6 p.m. Tuesday-Friday and 10 a.m. - 3 p.m. on Saturdays. Donation receipts are also available.

Dress 2 Impress has had the opportunity to meet so many wonderful customers and build relationships with several businesses and organizations! We have had the pleasure to serve over 3,000 customers in our 1st year! A HUGE THANK YOU to all of our supporters, donors, interns, clients and customers! PLEASE continue to SHARE the good news about Dress 2 Impress and Visions of Hope!

On **September 8, 2017 at 6 p.m.** we will be holding a golf tournament fundraiser at Pallo's Par 3 course to benefit Visions of Hope Training Program. Following are some details:

- **1st Annual Paul Meinsen, Edward Jones Moonlight Golf Classic**
- \$50 per player \$100 for a two person team
- Dinner served
- Prizes awarded!
- Hole in One prize presented by Auto Plaza Group
- Contact Paul Meinsen @ 756-6711 or Luann Honerkamp @ 664-1711
- Sponsorships, prize donations and teams NEEDED!!

—Submitted by Jessica Harmon, Co-Founder

Child Advocacy Center Seeks Volunteers

The Child Advocacy Center is seeking volunteers for all locations: Farmington, Festus & Union. We have opportunities to become a long- or short-term volunteer. Some of those opportunities come with helping us with fundraisers while other opportunities consist of administrative work or interacting or supervising children of all ages.

The hours for volunteers vary and would include some weekends and evenings. For more information about volunteering at the CAC, please contact Kathy Carr via email at kcarr@comtre.org or by phone at 573-358-9063.

—Submitted by Kathy Carr, Executive Director, CACECM

Board of Directors (continued)

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from continuing to serve on the Board.

Also at our Board meeting in August, we will be welcoming the incoming Board Chair Rob Baker. Mr. Baker has worked at East Missouri Action Agency for nearly twenty years serving a variety of positions with the Employment & Training and Community Service Departments. Also

assuming roles as officers for the next term are Robert Bullock, Interim Parish Minister, as Vice Chair and Dawn Phillips, Circuit Manager for Children's Division, as Secretary. Long-time Board member Cynthia Barton, Department of Corrections Board of Probation and Parole, continues to serve as Treasurer. We are looking forward to another great year at The Partnership.

Back-2-School Fair



The annual Back-2-School Fair is calling 573-747-1705. scheduled for August 5th. If you'd like to join us on a mission to help those in times of need with back-to-school items, there are several ways you can get involved.

You may contact Tami at the Young Faith in Christ office by

The registration deadline has passed, but there's always room for volunteers! All registrants must show proof of eligibility by means of assistance (receiving SNAP or MOHealthnet).

—Tami Pyatt, Young Faith in Christ

Smartphone's Impact on Personal Relations

www.workandfamilylife.com (June 2017)

Smartphone use is rising rapidly on the list of issues couples fight over, according to a study from Brigham Young University. It's right up there with sex, money, kids and "I don't like the way you're driving."

A majority of 143 women in the study reported that phones, computers and other digital devices were "significantly disrupting" their family lives and relationships with spouses and partners. Excessive phone use by loved ones—which the researchers refer to as "technoference"—was found to lower overall wellbeing, increase anxiety and even trigger depression.

Why would someone's use of a hand-held device trigger such a strong response? "It can feel a little like being shunned," according to Guy Winch, PhD, psychologist and author of *Emotional First Aid*. "The shunned partner is likely to experience such moments as flat-out rejection. And rejection, even in small ways, can be extremely painful. Your brain responds to it the same way it responds to physical pain."

Dr. Winch suggests ways to address this issue if it's causing problems in your relationship.

Assess your technoference. Once you and your partner are more aware of the issue, you can assess whether and to what extent screen time disrupts your time together.

Acknowledge the valid need for usage. Technology has become a necessary and unavoidable part of many people's jobs, responsibilities or obligations.

Agree on fair expectations. Talk with your partner about ways to find a better balance between being responsive to one's obligations and demands and minimizing the intrusions into your family life and personal relationships.

Create tech-free zones. Agree on places such as the dinner table and the bedroom after 9 pm that are tech-device prohibited. Set smartphones or tablets aside so you can spend time together without being interrupted.

Address possible exceptions. Problem-solve future hurdles. Consider the issues that might arise and how best to handle them without disrupting what you're doing with your partner in that moment. For example, if you just remembered a task that you need to handle for work, you could make a note to remind yourself to do it later.

Reoccurring Classes and Support Groups in Your Community

Our community has a lot to offer its residents. We've decided to create a list of reoccurring classes and events for your convenience. If you know of a community event that should be added to this list, you may submit your suggestion by sending an email to tiffany@sfccp.org.

- ◆ **Life After Loss Support Group:** Sponsored by Heart & Soul Hospice, the group is a safe place to process grief, learn healthy coping skills & connect with others. Open to public. **3rd Thursday each month**, 4:30-6:00 p.m. at 412 Cayce St., Farmington. Please call 573-756-7066 or email farmingtonhospice@pmma.org.
- ◆ **NAMI Connection Recovery Support Group & Family Support Group:** Both meetings are on the **2nd Thursday of each month** at 7 p.m. at the LIFE Center for Independent Living, 725 E. Karsch Blvd., Farmington. Call 573-701-4185 for more information. Also, visit www.nami.org.
- ◆ **Childbirth, Sibling Classes & Breastfeeding Classes:** FREE to all participants. For information on dates and times, call 573-760-8500 or visit www.parklandhealthcenter.org.
- ◆ **Diabetic Class:** Parkland Health Mart Pharmacy is offering a free class on the **1st Thursday of each month** in Farmington at Midwest Health Group at 1 p.m. For more info, email wellnessnurseval@gmail.com.
- ◆ **Diabetes Self-Management Class:** Free classes provided by Parkland Health Center on the **1st and 3rd Wednesdays of each month** from 1-3 p.m. at the Farmington Public Library. Call 760-8396 for more information.

St. Francois County Community Partnership
1101 Weber Rd., Suite 202
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If you would like to be removed from our mailing list, please call 573-760-0212 or email tiffany@sfccp.org.

SFCCP Board of Directors

Karen Adams - SEMO Mental Health - Retired
Rob Baker - East Missouri Action Agency
Cynthia Barton - Board of Probation & Parole
Shelly Bess - Shared Blessings, Inc.
Kim Buckley - Central School District
Robert Bullock - Parish Minister
Bill Bunch - Executive Director SFCCP (ex officio)
Julie Downs - Mineral Area College
Linda Fitzgerald - Division of Workforce Development
Chuck Henson - First Baptist Church
Donna Hickman - At Large
Jessica McKnight - St. Francois County Health Center
Louella McNeill - Vocational Rehabilitation
Patrick Mullins - Associate County Commissioner
Marsha Petty - Farmington School District
Dawn Phillips - Children's Division
Meg Reiner - At Large
Shawna Robinson - Farmington Press
Chris Saylor - BJC Behavioral Health
Nicole Sprinkles Gregory - North County School District
Al Sullivan - SFC I.D.A.
Lindsey Taylor - Bismarck School District
Alan Wells - 9-1-1 Joint Commission
Becky Yount - West County School District

Community Events

- **St. Francois County Health Coalition Meeting:** **Thursday, August 2**, from 2 to 3 p.m. at the St. Francois County Health Center. For more info call Amber Elliott at 431-1947 ext. 113, or email amber at amber.elliott@sfhealth.org.
- **Back-2-School Fair:** Must be pre-registered and qualified to attend. **Saturday, August 5**, at Mineral Area College Field House. Call Young Faith in Christ for more information at 747-1705.
- **VOH Golf Tournament:** Join the competition for the 1st Annual Paul Meinsen, Edward Jones Moonlight Golf Classic on **Friday, September 8** at 6 p.m. at Pallo's Par 3 Course at 15401 Turley School Rd., Bonne Terre. All proceeds benefit Visions of Hope Training Program. Contact Paul Meinsen at 756-6711 or Luann at 664-1711. \$50 per player; twosome team \$100.
- **Battle of the Badges Shooting Competition:** Park Hills/Leadington Chamber of Commerce is hosting this event on **Saturday, September 9**, 8 a.m.-5 p.m. at St. Joe State Park. For team info and more details visit www.phlcoc.net.
- **YFC Golf Tournament:** Young Faith in Christ is hosting the 18th Annual Golf Tournament at Crown Pointe Golf Club on **Friday, September 15**. Lunch at noon and tee time at 1 p.m. Team entry (4) is \$300. Pre-registration is required. Call Mike Ward at 747-1705 for more info.
- **Out of the Darkness Walk:** Help our community raise awareness and funds for the American Foundation for Suicide Prevention (AFSP) on **Saturday, September 23**, at Engler Park in Farmington. Registration is at 10 a.m. and the walk is from 11 a.m. to 1 p.m. For more information, contact Karen Strait at 915-5197 or kkstrait@gmail.com.